



Practitioner Development



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Have you reached a point in your energy practice where clients need more than what you are offering? Are your clients stuck and not responding to your skills and techniques? Are you bored or have you hit a plateau in your practice?

Clients tend to come in batches and I am currently seeing a lot of sleep and skin issues. There are current issues around the head and the upper three chakras - throat, brow and crown. Many clients are currently looking to change jobs and to do something different with their lives, or they are trying to get in touch with their intuition. Does any of this sound familiar?

Energy practitioners are usually taught to obtain information through an intake interview, hand scan and the pendulum. The pendulum visually shows you the energetic connection between you and another person. It elevates what you know subconsciously (intuitive knowledge) into a conscious knowledge. The clearer you are - the more effectively intuitive information comes through to your conscious self.

As you grow, whether it is through self-care or self-development, you are increasingly able as a practitioner to make connections with your client's expressions -- physical, emotional, mental and spiritual. This can assist them with further growth and healing. Learning

new skills, increasing your knowledge of the energy system and growing your Energy Medicine practice can expand your ability to work with and help clients. It is important to have a collection of skills in your "professional" tool kit. No one technique or approach will work for all clients. Part of the maturity or development of a private practice practitioner is in knowing a variety of approaches - whether it is through conversation, introspection, techniques, or a variety of disciplines, practitioners assist their clients in many ways.

Practitioner development adds additional assessment and treatment techniques to your practice skills. I have seen student documentation where obvious compromise exists in the energy of the client through symptoms, emotions, beliefs or challenges, yet the student is finding all of the chakras open. In this case, the student does not know where the compromise originates or sits, which means they likely cannot hold intention for clearing the congestion where it exists. Many teachers in the Energy Medicine field offer interesting new ideas and practices, but few offer new skills that are directly applicable to your client practice.

There are four energetic parts of the human energy body and these are the Hara, Chakra and Meridian Systems, and these systems combined comprise the Aura or energy fields. It is important as a practitioner in the field of Energy Medicine to be able to assess



and treat all of these components. Many Energy Medicine practitioners have a great basis in the modality they learned, but as they develop their skills and practice they are often hungry to learn more that applies to their practices. If you are doing what you know and are not helping the client to grow or heal, then additional skills may be what you need to take the client to the next level. The other option is to refer the client to another practitioner.

In addition to a knowledge and skills based practice, one of the greatest impacts to improve your skills as a practitioner is to engage in self-care. All practitioners

Practitioner development creates more opportunity for greater income, as well. When you support your client's healing and growth through deeper assessments and treatments, a higher level of trust is created. You start moving to a different echelon of 'practitioner' and possess a competitive advantage over those who have not done the same level of development. A client can easily go to an Energy Medicine practitioner and have their energy balanced. However, not all practitioners can offer the depth that allows for deep and transformational release. For instance, someone who understands how to release trauma from the Hara can offer their client profound healing.

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need to be doing self-care. As a practitioner, the less attached you are to the information you are receiving, the clearer it is. This means you need to be bringing your own issues forward when working with others because the component behind the energy is that it wants to balance. In nature, energy wants to balance. If the practitioner holds a higher state, the client can clear and hold more energy.

As the practitioner you “ask” the client to come into energetic paring with you at your higher level of vibration. However, if you have not cleared yourself and the client needs or wants to clear, it follows that you and the client are going to stay balanced at the highest level possible between the two of you. This may not be a very high vibration. So practitioners are not as good for the client unless they can hold a higher/clearer energy and this involves clearing their own congestion (issues, blocks, etc.). This is what self-care is all about and why it is so important, whether physical, emotional, mental or spiritual. Where and how your issues manifest is what you work with to bring the system into clearing. The lovely thing about this is that practitioners have many options and skills available to them for self-healing.

This makes a huge difference. Your income may not increase overnight but certainly will as you start offering deeper assessments and treatments - and by doing so - supporting deeper work from your clients. As their practitioner you will be able to go to where the issues sit and release them. There will be a commitment from your clients to show up, to be available.

As practitioners of Energy Medicine, we are investigators trying to find and understand clients' energy patterns. We can expand our knowledge base as we direct the orchestra in which each client plays. Our job is to help, not to do. In order to go deeper, practitioners need to ask themselves, “What does this event or expression really mean? *What is the energy really telling me? How would I explain this to another practitioner, or to the client?*” This questioning helps the practitioner put more complex ideas into a simple format that is easy to understand.

If you choose to increase your understanding of the components of the energy systems, this raises you to the level of expert among practitioners. Advanced classes increase your personal awareness and self-care and assists practitioners in deepening their assessment and treatment skills which benefits their clients and their community. €