

My Mother, Eveline



By Karen B. Chin, RN, MS, HTCP

My mother, Eveline, currently lives with my new husband and me in Northeast Texas. She is 83 years old and in the last eight years or so she has taken both Healing Touch Level 1 and Level 2 classes. She has also had the opportunity to be a helper for a few Level 1 classes. I have come to the conclusion that my mother has always had a level of intuitiveness which she developed during her lifetime - resulting in her fully embracing the concepts of Healing Touch upon learning of it.

She feels strongly that it is important for people to be open minded about Healing Touch in order for them to benefit from this wonderful modality. Mom absolutely loves the whole idea of energy work. For many years, she has been my “marketer”, surreptitiously carrying my business cards with her -- always anxious to provide them to people who were interested!

Eveline’s first dramatic health change as a result of a Healing Touch treatment occurred in the mid-1990’s from a distance session. I was in California and she was staying with my sister in New Hampshire, having just been released from the hospital. Her issue was respiratory, and just an hour or so after the treatment, my mother coughed up a large amount of secretions from her lung, and said she *“felt as if my fever broke. I got really sweaty and had to take a shower”*. That following day she required only a couple of breathing treatments, whereas prior to this, she needed them about 4-6 times/day.

(As a footnote, I would like to add that Mom has had the use of only one lung since the age of 19 as a result of tuberculosis.)

In 1999, Mom became very ill and was placed on oxygen 24/7. I taught her to do a **Self Chakra Connection**, which she did religiously twice a day for over a year. At the end of that period we realized that she no longer needed her oxygen. This occurred when we were at a large theme park and discovered that her oxygen tank had been empty and Mom did not even realize it!

Then, after experiencing a wonderful quality of life for about 9 years with only minimal use of supplemental oxygen, during this past year she has had to return to the full use of this aid for 24/7 yet again. But it does not keep her down -- she continues to train in karate!

Mom absolutely loves to receive HT sessions, of course! I would venture to call her an energy “junkie”! Whenever the treatment table is up and I forget to offer her a treatment, she will very bluntly let me know that she is ready for a session! Mom also enjoys attending our monthly Healing Touch practice sessions that we try to have on a regular basis in our area.

My mother accompanied us to the Healing Touch Program Conference in San Antonio this year where she supported both the Institute for Spiritual Healing and Aromatherapy (ISHA), as well as, the Healing Touch Worldwide Foundation with her purchases at the silent auction tables. She really enjoyed the shopping aspect of the conference - which included visiting the vendors.

The elderly certainly can offer different challenges, especially because many often have multiple chronic health issues. In addition to her respiratory issues, my mother complains of chronic arthritis in her right shoulder, has mild diabetes and hypertension, occasional ankle swelling, and heart abnormalities.

However, our personal experience is that Healing Touch can definitely improve and maintain the quality of life for people such as my mother, Eveline.

About the author:



Karen Chin has been a registered nurse for over 35 years and a Healing Touch Certified Practitioner since 2001. Over the course of her nursing career, Karen has worked as an operating room nurse in Massachusetts, Hawaii, Arizona, New Mexico, and now Texas. She served her country as a member of the Air Force Reserve for 25 years, retiring in 2008.

She currently teaches RN nursing students at Panola College as a clinical instructor and works at Good Shepherd Medical Center – Marshall as a staff nurse in the operating room and in the PACU (recovery room).

Her part time business is called Touch of the Phoenix. She currently coordinates Healing Touch workshops in the NorthEast Texas area, and is planning to become a Level 1 instructor. She also holds two positions in the Healing Touch Worldwide Foundation, that of Secretary and Co-Chair of the Grant Committee.

Another passion which Karen enjoys involves a form of karate called Soo Bahk Do. Training now for over four years, she appreciates the mind-body connection which it emphasizes. Karen lives with her husband, Steven Kelly, and her 83 year old mother, Eveline (and her cat).



Above: Karen Chin (on right) and her mother Eveline