

# Essential Oils and Your Energy Medicine Practice

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I have found essential oils to be a fantastic tool to add to my healing practice and offer the oils to my clients receiving Healing Touch™ or Healing Touch for Animals®. Each essential oil brings its own unique healing properties and can help the body, mind and spirit to reach its own desired healing. Our very effective energy medicine techniques along with the essential oils, often provide the edge needed during the healing process.

Animals require far less application of essential oils due to their expanded energy system. The animal's sensitivity and greater awareness of everything around them provides an avenue for the essential oils to move easily through their physical bodies and energy systems that supports them. They accept the natural healing properties found in the essential oils and allow healing to take place. For example, one to three drops of an essential oil is all that is needed for a large horse suffering from a strained muscle. A human, on the other hand, might need five to ten drops for the same type of injury.

I began using quality essential oils in 1993 and used only one essential oil for more than a year before I tried another. I continued to notice the value of each essential oil I tried and witnessed the healing properties of the essential oils, as they provided comfort for myself and my clients.

The awareness of using quality essential oils became quite apparent when I purchased lesser expensive oils. Soon, I realized the essential oils bought at the local health food store did not offer the therapeutic effects I desired.

I went back to using only Young Living's quality essential oils. The difference was remarkable. The sense of well-being, healing and the enhanced stabilization of the energy system made me a true believer in the use of quality essential oils.

The use of high quality essential oils helped my beloved cat become a vital member of my family. Patch agrees. He and Truman, my other cat (pictured below), come running, asking for a "sniff" or application to their backs, when I use the essential oils for myself. €

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